

PLAYING REGULATION 11.0 - SKIING (ALPINE)

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the Physical Education Safety Guidelines - Secondary Inter-School Module 1999, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.
2. **AGES:** All competitors shall meet the age requirements as per Article XI, Section VII of the By-Laws.
3. **EVENTS:** A combined Halton/GHAC Alpine Skiing Championship shall be held in sufficient time in order to determine the entries for the OFSAA Alpine Skiing Championship. Level I and II Boys and Girls Snowboard Races shall be included within the Championship structure. Snowboard competitors must meet the required rules of eligibility. Snowboard competition will follow OFSAA Federation rules for Alpine Skiing. HSSAA Member School Snowboard Teams will compete against other HSSAA Schools and other Associations. The season will begin in December and end in March.

(a) **OFSAA COMPETITION:** Levels I, II & III

Girl's Slalom, Girl's Giant Slalom, Boy's Slalom, Boy's Giant Slalom

DEFINITION OF TEAMS AND TEAM MEMBERS:

Level I Team Racers:

Participants are school trained athletes only. They have no ski league affiliation, past or present, beyond the Nancy Green League or equivalent.

Level II Team Racers:

Participants are those who have 250.0 or more C.S.A. National Points in either Giant Slalom or Slalom OR who have had ski league racing experience beyond the Nancy Green level.

Level III Individuals:

This will involve INDIVIDUALS who are school athletes with league experience at any level and who have, or have ever had fewer than 250.0 National Points in either Giant Slalom or Slalom.

Individuals with race experience outside Canada must seek approval by the OFSAA Sport Advisory Committee Chair or designate, prior to competing.

(b) **HALTON/GHAC CHAMPIONSHIP:**

The HSSAA/GHAC Alpine Skiing Championship race will be a one day GIANT SLALOM event, based on place points established using the combined times of two runs.

(c) **COMPETITION - COURSES:**

If possible, separate courses are to be established for each of Level I, II & III racers. If not possible, one course may be set for Level I, II & III racers.

4. **ELIGIBILITY:** To represent an H.S.S.A.A. Member School, a student must be eligible for competition under the Constitution By-Laws and Playing Regulations of the Halton Secondary School Athletic Association.
5. **ENTRIES:** Each H.S.S.A.A. Member School may enter one (1) Boys team and one (1) Girls team in each of the Level I and II races. Boys and Girls Teams shall be made up of a maximum of 5 Boys and 5 Girls. Two (2) Female and two (2) male racers may compete as individuals in the Level III category.
6. **RULE BOOK:** The current F.I.S. Rule Book shall apply.
7. **OFFICIALS:** Not specified.
8. **UNIFORMS:** All competitors must wear safety straps or ski brakes. In both slalom and giant slalom competition, a protective helmet designed for skiing must be worn by all racers. Competitors are expected to dress in clothing that is safe, neat, clean and which maintains the integrity of the School's/Association's name, colours and logos. No sport insignia on clothing shall be permitted. Sponsorship recognition is permitted to be visible but must conform with guidelines in Article XX of the HSSAA Constitution.
9. **STARTING TIME:** Not specified.
10. **AWARDS:** Not specified.
11. **GHAC REPRESENTATION:** Refer to GHAC Agreement.
12. **GENERAL REGULATIONS:**
 - (a) Each school eligible to race at OFSAA must have met the team practice requirements by practicing under the direction of a designated school coach at least twice a week (dry-land or on-hill) during the ski season, with a minimum of eight (8) practices prior to the OFSAA Championship. Practice races are encouraged and may be included in the practice schedule.
 - (b) The activity Convenor shall ensure that a qualified first-aid provider is available at all times.