

## **PLAYING REGULATION 14.0 - SWIMMING**

14.0.1

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the Physical Education Safety Guidelines - Secondary Inter School Module 1999, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.

2. **AGES:**

**Junior** – the individual’s birth certificate indicates that he/she has not reached his/her 15<sup>th</sup> birthday by January 1<sup>st</sup> prior to the start of the school year in which the competition is held.

**Senior** – the individual’s birth certificate indicates that he/she has not reached his/her 19<sup>th</sup> birthday by January 1<sup>st</sup> prior to the start of the school year in which the competition is held.

3. **EVENTS:** There will be competition for Junior, Senior and Open swimmers in the following events:

<u>JUNIOR</u>	<u>SENIOR</u>	<u>OPEN</u>
200M MEDLEY RELAY	200M MEDLEY RELAY	200M FREESTYLE
100M FREESTYLE	200M FREESTYLE	200M I.M.
100M I.M.	50M FREESTYLE	100M BUTTERFLY
50M BUTTERFLY	100M I.M.	100M FREESTYLE
50M FREESTYLE	100M FREESTYLE	100M BACKSTROKE
50M BACKSTROKE	50M BUTTERFLY	100M BREASTSTROKE
50M BREASTSTROKE	100M BACKSTROKE	400M FREESTYLE RELAY
200M FREESTYLE RELAY	200M FREESTYLE RELAY	50M FREESTYLE
	100M BRESTSTROKE	50M (JR) FREESTYLE
		100M (JR) I.M.

4. **ELIGIBILITY:**

The Halton swimming championship shall provide competition in the High school and Open Categories.

i) **OPEN DIVISION - JUNIOR AND SENIOR EVENTS**

A swimmer who has competed for and /or trained and/or been registered with an SNC club or equivalent as of November 1<sup>st</sup> of the year prior to the current school year shall be eligible to compete in the open division only provided that they are a bona fide member of the school team.

A swimmer who, during the current school year, has competed for and/or trained with and/or been registered with a non-SNC competitive swim club\* shall be eligible to compete in the open division only, provided that he/she is a bona fide member of the school team. If a grade nine swimmer has ceased to compete for and/or practice with and/or is no longer registered with the club after November 1<sup>st</sup> of the current school year, he/she shall be eligible to swim in the high school division. A “non-SNC competitive swim club” is defined as a club which practices outside the school curricular and/or extracurricular programs and whose athletes compete in scheduled swim meets for the club during the school swim season.

## ii) HIGH SCHOOL DIVISION – JUNIOR AND SENIOR EVENTS

All other swimmers who meet the eligibility requirements, and who are bona fide members of the school team compete in this division.

1. Must attend 50% of school swim practice schedule.
2. Must compete in 1 High School swim meet prior to Haltons.
3. No open swimmer may enter a high school relay event.

5. **ENTRIES:** Must be submitted (14) days prior to the meet.

- a) A High School competitor may enter up to a maximum of (2) individuals and (2) relays and a 4 x 100 Relay.
  - An Open swimmer may swim any (2) Individual Open Events and a 4 x 100 Relay.
  - A Senior swimmer may swim any (4) Senior events.
  - A Junior may swim any (4) events.
- b) No school shall be allowed more than (2) entries in any individual event, or more than (2) entries in any relay event, (only the top team scores). If a swimmer is on the 2<sup>nd</sup> relay team that does not score, this still counts as one of that swimmer's (4) events.
- c) The principal shall designate a staff member from his/her own staff or a staff member from an attending school to accompany the school's competitors, be responsible for them and represent them at the coaches and scratch meetings. The scratch meeting will be held prior to the meet in which all scratches must be made in writing and coaches with scratches must be present during the scratch meeting. There will be no changes after this time.
- d) Entries for Boys and Girls should be listed on the entry sheets provided, with an X in the space corresponding to the events in which they are competing.

Seeding will be done after the entries are received and before the meet starts. Please include a best time for the events that your athletes are entered in. All seed times should be in short course metres. If no seed time is listed, then that competitor will be entered with NO TIME.

There will be direct substitutions, (i.e. you enter by February 12), the athletes in their events. If you find that you must scratch a swimmer, you must do this first. PLEASE DO NOT ABUSE THIS. LIMIT YOUR SCRATCHES AND SUBSTITUTIONS.

6. **RULE BOOK:** The C.A.S.A. rule book of last publication shall be the official rule book for the Halton Swim Meet.
7. **OFFICIALS:** At the Convenor's discretion, and of the highest possible caliber.
8. **UNIFORMS:** Not specified (except as in Section V).
9. **MEET SCHEDULE:** The meet may follow a morning-afternoon or an afternoon-evening format. This will be determined at the discretion of the Convenor.

**MORNING & AFTERNOON MEET:**

- 8:30 - 9:30 - scratches and substitutions made
- 9:30 - 12:30 - coaches and officials meetings
  - warm ups
- 12:30 - 1:30 - lunch
- 1:30 - 4:30 - finals (1st-6th place, 8th if 8 lane pool)
  - awards presentations

Convenor may arrange and afternoon-evening format if schools are in agreement

**AFTERNOON AND EVENING MEET**

- 11:30 -12:00 - scratches and substitutions made
- 12:00 -12:30 - coaches and officials meetings
- 12:30 - 5:30 - heats (approx)
- 5:30 - 6:30 - dinner break
- 6:30 - 7:00 - warm ups for finals
- 7:00 - 9:30 - finals (1st to 6th place, 8th if 8 lane pool)
- 9:30 - awards presentations

**10. AWARDS:**

- a) **TROPHIES:** A Trophy shall be presented to the winning school team in the following divisions: JUNIOR GIRLS, JUNIOR BOYS, SENIOR GIRLS, SENIOR BOYS, JUNIOR COMBINED, SENIOR COMBINED, OPEN OVERALL, OVERALL TEAM.
- b) **MEDALLIONS:** Medallions shall be presented to the individual event winners.
- c) **RIBBONS:** Ribbons shall be presented to the second to sixth place finishers in each event.

Points are calculated for separate Junior and Senior Championships from 1st to 12<sup>th</sup> place.

**11. GHAC REPRESENTATION: The Halton Swim Meet is a combined GHAC/Halton meet that is run as the Regional OFSAA qualifier. This is the only meet in which swimmers can qualify for OFSAA.**

**12. LEAGUE MEETS:** To be decided at the fall coaches meeting.

**13. FINALS:** In the final event, should the pool selected for the Halton Championships have (8) lanes, (8) swimmers should be allowed to swim in the final. However, this is in addition to the present wording which allows for (6) finalists should a (6) lane pool be used. The Open 400M Freestyle will be swam as a Time Final.

**14. GENERAL REGULATIONS:****a) ORDER OF EVENTS**

- 1. Senior Girls 200M Medley Relay
- 2. Senior Boys 200M Medley Relay
- 3. Junior Girls 200M Medley Relay
- 4. Junior Boys 200M Medley Relay
- 5. Junior Girls 50M Freestyle
- 6. Junior Boys 50M Freestyle
- 7. Open Girls 50M Freestyle
- 8. Open Boys 50M Freestyle
- 9. Open Girls 200M Freestyle

10. Open Boys 200M Freestyle
11. Senior Girls 200M Freestyle
12. Senior Boys 200M Freestyle
13. Junior Girls 100M Freestyle
14. Junior Boys 100M Freestyle
15. Senior Girls 50m Freestyle
16. Senior Boys 50M Freestyle
17. Junior Girls 100M I.M.
18. Junior Boys 100M I.M.
19. Open Girls 200M I.M.
20. Open Boys 200M I.M.
21. Junior Girls 100M I.M.
22. Junior Boys 100M I.M.
23. Senior Girls 100M I.M.
24. Senior Boys 100M I.M.
25. Open Girls 100M Butterfly
26. Open Boys 100M Butterfly
27. Junior Girls 50M Butterfly
28. Junior Boys 50M Butterfly
29. Senior Girls 100M Freestyle
30. Senior Boys 100M Freestyle
31. Open Girls 100M Freestyle
32. Open Boys 100M Freestyle
33. Junior Girls 50M Freestyle
34. Junior Boys 50M Freestyle
35. Senior Girls 50M Butterfly
36. Senior Boys 50M Butterfly
37. Junior Girls 50M Backstroke
38. Junior Boys 50M Backstroke
39. Senior Girls 100M Backstroke
40. Senior Boys 100M Backstroke
41. Open Girls 100M Backstroke
42. Open Boys 100M Backstroke
43. Junior Girls 50M Breaststroke
44. Junior Boys 50M Breaststroke
45. Senior Girls 100M Breaststroke
46. Senior Boys 100M Breaststroke
47. Open Girls 100M Breaststroke
48. Open Boys 100M Breaststroke
49. Junior Girls 200M Freestyle Relay
50. Junior Boys 200M Freestyle Relay
51. Senior Girls 200M Freestyle Relay
52. Senior Boys 200M Freestyle Relay

b) INDIVIDUAL EVENTSRELAYS

- |               |               |               |               |
|---------------|---------------|---------------|---------------|
| 1st - 16 pts. | 7th - 7 pts.  | 1st - 32 pts. | 7th - 14 pts. |
| 2nd - 13 pts. | 8th - 5 pts.  | 2nd - 26 pts. | 8th - 10 pts. |
| 3rd - 12 pts. | 9th - 4 pts.  | 3rd - 24 pts. | 9th - 8 pts.  |
| 4th - 11 pts. | 10th - 3 pts. | 4th - 22 pts. | 10th - 6 pts. |
| 5th - 10 pts. | 11th - 2 pts. | 5th - 20 pts. | 11th - 4 pts. |
| 6th - 9 pts.  | 12th - 1 pt.  | 6th - 18 pts. | 12th - 2 pts. |

In calculation of HSSAA Championship results, all Divisions will count in the total.